

All advising/coaching/consulting services and communication delivered by Stephe Predmore (“Coach”) as well as information set forth on this website (stephiepredmore.com) are meant to help you learn about and navigate the adoption process. Please remember that advising/coaching/consulting is not professional mental health care or medical care. If you feel psychologically stressed to the point that it is interfering with your ability to function, please seek the help you need in the form of a professional counselor. Stephe does not guarantee any particular results from her advising or consulting with you, and she cannot predict the behavior of third parties.

By purchasing and participating in advising services from Stephe Predmore LLC, you confirm that you have read and agree to each statement and that you wish to proceed:

- I understand that I am solely responsible for creating and implementing my own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching relationship and my coaching calls and interactions with the Coach. As such, I understand that the Coach is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach.
- I understand that successful coaching requires a cooperative and jointly-active approach between myself and the Coach. In the coaching relationship, the Coach assists or facilitates awareness and accountability regarding my changes, but it is my responsibility to enact change.
- I understand coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.
- I understand that coaching does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association and that coaching is not to be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals and that it is my responsibility to seek such independent professional guidance as needed.
- I understand that coaching is, at present, an unregulated industry and that the Coach is not licensed by the State of Illinois or any other state. I also understand that for all legal purposes, the services provided by the Coach will be considered to be provided in the State of Illinois, regardless of my location.
- I understand that this coaching relationship, as well as all information (documented or verbal) that I share with the Coach as part of this relationship, is bound by the principles of confidentiality set forth in the International Coaching Federation (ICF) Code of Ethics. However, please be aware that the Coach-Client relationship is not considered a legally confidential relationship (like the medical and legal professions) and thus communications are not subject to the protection of any legally recognized privilege. The Coach agrees not to disclose any information pertaining to me without my written consent. The Coach will not disclose my name as a reference without the Client’s

consent. Confidential Information does not include information that: (a) was in the Coach's possession prior to its being furnished by me; (b) is generally known to the public or in my industry; (c) is obtained by the Coach from a third party, without breach of any obligation to me; (d) is independently developed by the Coach without use of or reference to my confidential information; or (e) the Coach is required by statute, lawfully issued subpoena, or by court order to disclose; (f) is disclosed to the Coach and as a result of such disclosure the Coach reasonably believes there to be an imminent or likely risk of danger or harm to myself or others; and (g) involves illegal activity. I also acknowledge my continuing obligation to raise any confidentiality questions or concerns with the Coach in a timely manner.

- I understand that any content or materials provided by Coach are copyrighted and are for my individual use only as a single-user licensee. I am not authorized to use any of Coach's intellectual property for my own business purposes. All intellectual property, including Coach's copyrighted program and/or course materials, shall remain the sole property of the Coach. No license to sell or distribute Coach's materials is granted or implied.
- I recognize and agree that all of the Coach's shareholders, trustees, affiliates and successors shall not be held personally responsible or liable for any actions or representations of the Coach. In consideration of and as part of my payment for the right to participate in Coach's services or programs, I, my heirs, executors, administrators, successors and assigns do hereby release, waive, acquit, discharge, indemnify, defend, hold harmless and forever discharge Coach and its subsidiaries, principals, directors, employees, agents, heirs, executors, administrators, successors, and assigns and any of the training instructors, guides, staff or students taking part in the training in any way as well as the venue where the programs are being held (if applicable) and any of its owners, executives, agents, or staff of and from all actions, causes of action, contracts, claims, suits, costs, demands and damages of whatever nature or kind in law or in an equity arising from my participation in the services or programs. This Agreement shall be binding upon the parties hereto and their respective successors and permissible assigns.